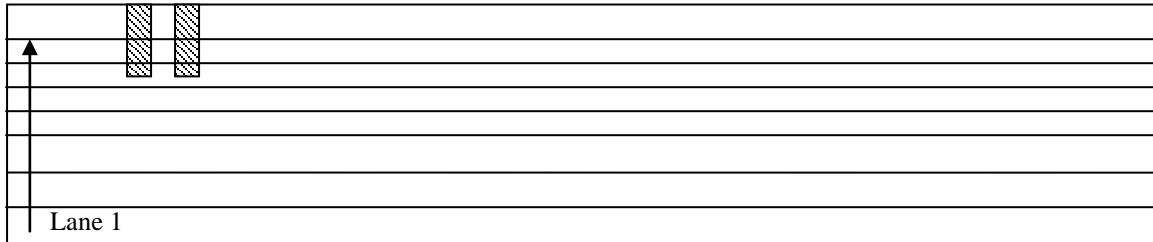




Lane numbering



FRIDAY EVENING WARM UPS

3:45-4:20

4:20-4:55

3:45-4:20

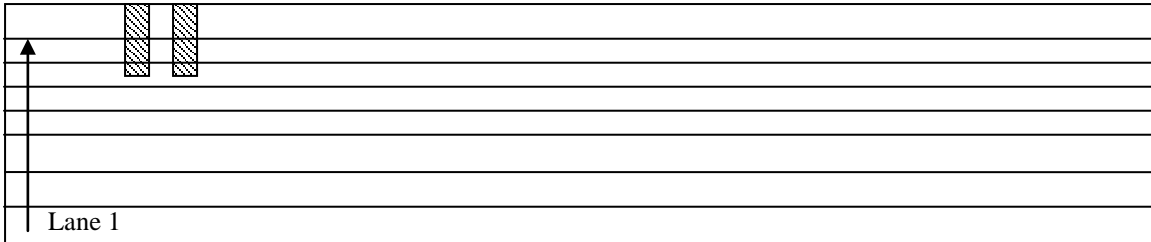
Lane	Team(s)
1	BWB
2	BWB
3	BWB/ECS
4	ECS
5	ECS
6	SEALS/DDST
7	CMSA
8	CMSA

4:20-4:55

Lane	Team(s)
1	ATAC
2	ATAC
3	ATAC
4	AMBERJAX
5	AMBERJAX
6	BEST
7	DOLF
8	DOLF



Lane numbering



SATURDAY MORNING WARM UPS

6:45-7:20

7:20-7:55

6:45-7:20

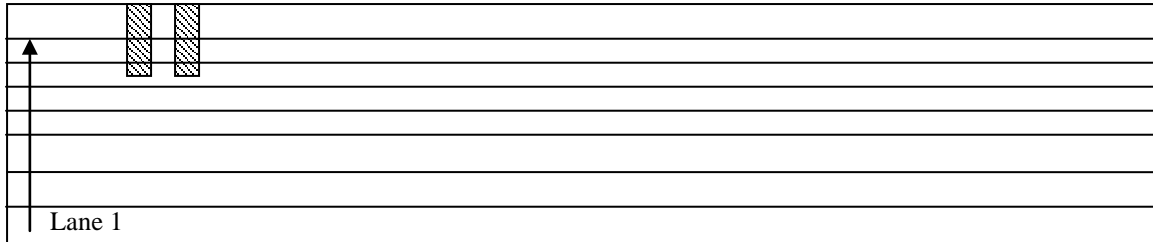
Lane	Team(s)
1	PCST
2	PCST
3	BWB
4	BWB
5	BWB/ECS
6	ECS
7	ECS
8	SEALS/DDST

7:20-7:55

Lane	Team(s)
1	BEST/ ATAC
2	ATAC
3	ATAC
4	AMBERJAX
5	AMBERJAX
6	DOLF
7	CMSA/DOLF
8	CMSA



Lane numbering



SATURDAY AFTERNOON WARM UPS

(not before 1:00 pm)

warm-up A (30min)

warm-up B (30min)

A

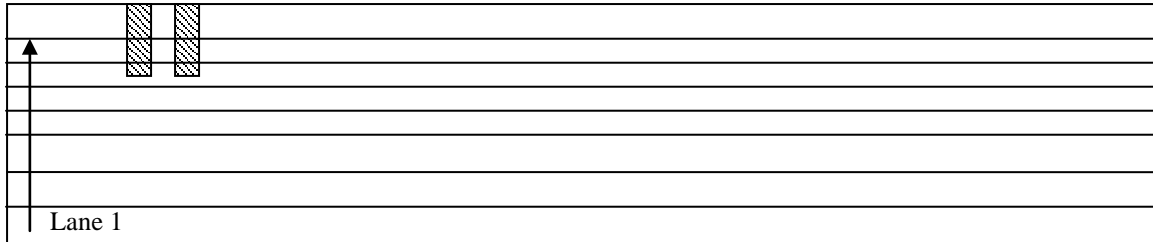
Lane	Team(s)
1	PCST
2	PCST
3	BWB
4	BWB
5	BWB/ECS
6	ECS
7	ECS
8	SEALS/DDST

B

Lane	Team(s)
1	BEST/ ATAC
2	ATAC
3	ATAC
4	AMBERJAX
5	AMBERJAX
6	DOLF
7	CMSA/DOLF
8	CMSA



Lane numbering



SUNDAY MORNING WARM UPS

6:45-7:20

7:20-7:55

6:45-7:20

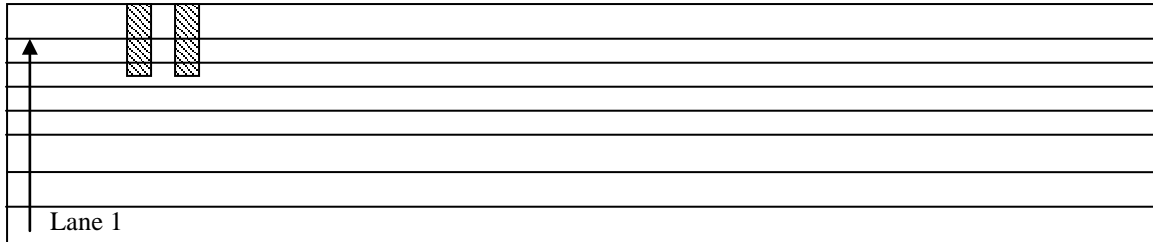
Lane	Team(s)
1	BEST/ ATAC
2	ATAC
3	ATAC
4	AMBERJAX
5	AMBERJAX
6	DOLF
7	CMSA/DOLF
8	CMSA

7:20-7:55

Lane	Team(s)
1	PCST
2	PCST
3	BWB
4	BWB
5	BWB/ECS
6	ECS
7	ECS
8	SEALS/DDST



Lane numbering



SUNDAY AFTERNOON WARM UPS

(not before 1:00 pm)

warm-up A (30min)

warm-up B (30min)

A

Lane	Team(s)
1	BEST/ ATAC
2	ATAC
3	ATAC
4	AMBERJAX
5	AMBERJAX
6	DOLF
7	CMSA/DOLF
8	CMSA

B

Lane	Team(s)
1	PCST
2	PCST
3	BWB
4	BWB
5	BWB/ECS
6	ECS
7	ECS
8	SEALS/DDST