

College Swimming Recruiting Tips And Swimmer Resume' Checklist

Tips

- 1) **PCST High School Seniors (and Juniors)**, if you are interested in swimming in college, start with a broad search of 25-30 schools you may be interested in attending and/or swimming for. Don't forget to check out Division II and III and NAIA schools as well as Division I!
- 2) Use the www.collegeswimming.com "Team Search" link to help you find the official website for each school in which you are interested.
- 3) Finally, create your own swimmer resume' using this checklist and send it away to your schools.
- 4) **BE PROACTIVE!** Don't sit back and wait for schools to find you. Let them know you are out there and are interested in their program!
- 5) When speaking to coaches (whether through email, on the phone or in person), ask as many questions as you can about the team and university. Remember that you are the one trying them out because it is your future you're dealing with.
- 6) Talk to me! I've been through it all as a senior swimmer being recruited, as a Seminole swimmer recruiting for Florida State, as a Head Recruiting Coordinator for Clemson University and now as a Head Club Coach being contacted by colleges for my swimmers. I can use my experiences to help you choose the right school for you. 😊

General Rules to Remember

- College coaches may not call high school juniors until July 1st after their junior year has been complete, and can only call high school seniors once a week. Coaches can contact juniors and seniors all they want through email. Each senior is allowed 5 official recruiting visits where the school pays for all expenses. Juniors and Seniors are allowed as many "unofficial" visits to a campus as they like, but they are not reimbursed for any expenses.